

List of symptoms:

- Sleep problems (insomnia, difficulty falling asleep, night waking, nightmares)
- Stress, agitation, anxiety, irritability
- Headaches, sharp pain or pressure in the head
- Ringing in the ears, ear pain, high pitched ringing
- Concentration, memory or learning problems
- Fatigue, muscle or physical weakness
- Disorientation, dizziness, or balance problems
- Eye problems, including eye pain, pressure in the eyes,
- Cardiac symptoms, heart palpitations, heart arrhythmias, chest pain
- Leg cramps, or neuropathy

My name is Kathy Warras and I live . in W. Bloomfield. My husband and I have enjoyed living in this home for over 25 years. Having been away for the winter, we returned to Michigan the middle of April.

-Waking up 4 a.m. Dehydration/water

It was after a few weeks, I began to wake up a little after 4 a.m. This happened pretty much at the same time every morning and I could not get back to sleep. After some time, I began to get headaches. Thinking it could be due to dehydration, I began to drink more water during the daytime. This did not solve the problem. The headaches became worse and I felt agitated and was very tired during the daytime.

-Watched DVD from bedroom to living room to sunroom

In June I watched a DVD in which the speaker explained that smart meters caused many health issues. I did some research and found this to be true and that the smart meter could be my problem . The headaches got worse and I went from the bedroom to the living room to sun room trying to get a good nights rest without a headache.

-DTE opt out suggestion

I asked a friend that worked at DTE what he thought I could do. He suggested I could opt out.

So, I called DTE and asked to opt out. It took about month and cost \$ 67.00.

Only turned the radio was turned off. This I was told was not the best thing to do, because now I would have what is called dirty electricity. And the headaches continued.

-Went to Doctor

I decided to go to the doctor. Actually, I went to two doctors and receive the same results That I was indeed sensitive to the smart meter and both doctors suggested it should be removed.

-DTE would not remove the smart meter

DTE told me that they would not remove it and that I could not remove it myself. The headaches continued and now I was experiencing ringing in the ears, dizziness, heart palpitations, leg/foot cramps and felt rank most of the time and couldn't concentrate.

-Camping - sleeping in motor home.

If we went away camping in our motor home the headaches lifted. So I decided to sleep in the motor home to see if I felt better and I really did feel better. In September we went to Port Sanilac for a week and how wonderful it felt and so good to be able to sleep all night through, I was back to normal. I continued to sleep in the motor home the rest of the summer.

A carpenter we know thought it would help to cover the box that the smart meter sits on with lead. So we did that and it did made a difference, the headaches are not as severe but I still wake up in the early morning hours with a headache and can't go back to sleep.

-DTE/Choice - reading meter with postcard

If DTE would allow home owners who wants to keep their analog meter, because of health issues, to do so, with no penalty and if reading the meter is a problem for them, we could send then the readings on a postcard like we used to do when the meter man could not get in to read the meter. Can you make it possible that I be given the freedom to choose which meter I have on my home. An analog meter or smart meter.

Is it worthwhile mentioning that it could just be a matter of time before other people build up a sensitivity to radiation, and EMF (Electrical Magnetic Frequencies) and begin to experience similar reactions.

Am I and those who are experiencing health problems, simply the canaries in the coal mine... and should this not be a warning to others? Has DTE done their homework and thoroughly investigated this issue? It took GM 10 years to admit there was a problem with the faulty switches... but it will never bring back the lives and/or health of those involved in accidents. **Please give me the freedom to choose an analog meter or a smart meter. Thank you.**



Center for
Holistic
Medicine

October 22, 2014

Re: Ms. Kathryn Warras
Smart Meter Health Side Effects

To Whom It May Concern:

Ms. Kathryn Warras, a patient of mine, has exhibited negative medical episodes directly attributed to the Smart Meter installation on her home. She has experienced flu-like symptoms, including but not limited to headaches, nausea and sleeplessness during the period of time the meter was installed on her home.

Since the meter was removed from the premises, Ms. Warras has indicated that she has not experienced these symptoms thereafter.

Ms. Warras reported that she is electromagnetic sensitive to EMF frequencies and I feel that she should not have a Smart Meter installed on her home.

I will continue to monitor Ms. Warras as a patient and check for any changes in her health.

Respectfully,

David Brownstein, M.D.

ROMEO PREVENTIVE MEDICINE

James L Ziobron, D.O.

71441 Van Dyke
Romeo, Michigan 48065

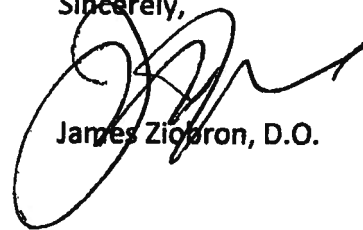
Telephone (586) 336-3700
Fax (586) 336-9443

October 8, 2014

To Whom It May Concern,

Kathy has been a patient since the year 2000. She had several batteries of tests performed initially and since that time we have seen a consistent pattern of a high quality of life. Normal digestion, normal sleep, and normal appetite. However with the installation of a smart meter on her home, many things rapidly changed. Sleep became more difficult if not impossible, headaches, pressure sensation in the head and other symptoms. The smart meter is an obvious cause of all this! I see very similar symptoms in other patients, (that don't know each other) but have recent smart meter installations. I strongly recommend the return to analog meters for Mrs. Warras before the advent of irreversible symptoms.

Sincerely,

A handwritten signature in black ink, appearing to read 'J. Ziobron', with a large, stylized loop at the end.

James Ziobron, D.O.

